

December 7, 2020

To

Yasuhiro Tanaka

ytanaka@ajaj.info

Regional Coordinator – IAAP Developing groups – Asia

Annual Liaison person report for 2020 for the Ahmedabad Jung Center

Dear Mr. Tanaka,

The Ahmedabad Jung Center was re- accredited as an IAAP Developing Group following a site visit by Misser Berg and Toshio Kawai in January 2020.

I visited India and had an extensive and fruitful trip to the Ahmedabad Jung Center from January 30th through February 14th. I was accompanied by invited visiting faculty member Dr. Boris Matthews, CSJA. Dr. Matthews was the Director: Analytical Training Program at the Chicago Jung Institute. Both of us were accompanied by our spouses who were extremely generous in donating their time and efforts in supporting our programs at the Ahmedabad Jung Center.

My son Siddhartha has helped us set up a Not-for-profit charitable foundation – The USA India Jung Foundation that has supported many of our initiatives in India over the years. These include the annual scholarship essay prize program and the Zoom video series.

The Annual Essay Scholarship Prize Program

This foundation has sponsored and financed a successful Annual Jungian Scholarship Program for the last several years. This has stimulated considerable interest in Jung at the Ahmedabad Jung Center. In the most recent annual Scholarship Essay completion there were 26 submissions. These submissions are reviewed by independent Jungian analysts and therapists and graded using a standardized format. We offer Prizes: this year we had one first prize of US \$ 300.00, 2 second prizes at \$ 150.00 each and eight honorary mentions at \$ 50.00 each. The participants are all members of the Ahmedabad Jung Center. These include members from the local and national psychology and psychotherapy community including a robust participation from the Psychology Department of Delhi University. The winners present their work at the annual conference that we hold every winter for last several years.

I would be glad to share the essay submissions, the winners, and our evaluation protocol upon request if there is any interest. For the academic year 2020-2021, we have 26 submissions. Dr. Robert BJ Jakala is the coordinator of the program this year on behalf of the USA India Jung Foundation. He is a member of the Board of Directors of the USA India Jung Foundation and has presented at the Ahmedabad Center in the past.

Annual Zoom Conference Series

The Zoom conferences are approximately 5-6 times a year and the presenters are invited faculty and the Chicago Analysts, among others. This is our second year of the program. Here is a list of presentations this year.

Zoom Presentations Schedule– AJC- 2020

June 13th, 2020

7 PM to 9 PM, IST = 8:30 AM to 10:30 AM, CST

Mary Dougherty - An Imaginal Approach to Working with Dreams in Clinical Practice – Part II

Moderator: Ashok Bedi

July 25th, 2020

7 PM to 9 PM, IST = 8:30 AM to 10:30 AM, CST

Laraine Kurisko, On Narcissism

Moderator: Ashok Bedi

September 26th, 2020

7 PM to 9 PM, IST = 8:30 AM to 10:30 AM, CST

Dan Ross – Archetype of Death and Immortality

Moderator: Ashok Bedi

October 24th, 2020

7 PM to 9 PM, IST = 8:30 AM to 10:30 AM, CST

Robert, BJ Jakala, Ph.D. - Image and Archetype

Moderator: Ashok Bedi

November 21st, 2020

7 PM to 9 PM, IST= 8:30 AM to 10:30 AM, CST

Murray Stein, Ph.D. - Individuation

Moderator: Ashok Bedi

All presentations are recorded with the permission of the presenters and made available to the Ahmedabad Jung Center for their teaching purposes. They may not be reproduced without the written permission of the speakers and the sponsors – the USA India Jung Foundation. I maintain a copy of the recordings. Each presenter is given a token honorarium of US \$ 100.00 for each presentation. This is sponsored and paid by the USA India Jung Foundation.

AJC Annual Conference

This February 7, 8 and 9, 2020, Dr. Boris Matthews did an intensive program on *Typology* which was moderated by me. Also, Ami Bedi, a Milwaukee Trauma Expert presented on Trauma Informed Therapy and I presented from my recently published book: *The Spiritual Paradox of Addiction – the search for the Transcendent*. There were over 60 participant members of the Ahmadabad Jung Center. It included over 22 hours of academic instruction. The past annual programs have been offered by me and included Analytical Psychology Overview, Dreams and Archetypes. Each of these offerings were for 3-day intensives with over 22 hours of instructions, Over the last four years, there have 98 hours of face-to-face teaching and 18 hours of Zoom presentations.

Routers Program

Eleven members of the Ahmedabad Jung Center are presently in analysis with the IAAP analysts. Of these two have successfully completed their screening interviews: Dr. Minakshi Parikh and Nimrat Singh. Dr. Parikh who is the Co-Director of the AJC will forward to you the list of other trainees who intend to apply for the Router program shortly.

Volunteer IAAP analysts

As a liaison person, I set forth the following criteria to invite the IAAP analysts to participate in the Ahmedabad program.

The key issue for the routers is the availability of training analysts for personal analysis and supervision. As a liaison person, I have put several considerations into the mix to choose the IAAP faculty for this purpose. I have relied on the following criteria

- The analysts are committed to the mission of helping in this outreach effort at the AJC
- They are willing to offer reduced fees commensurate with the India fees structure: this comes to US \$ 15.00 per session.
- They can take on a few routers for analysis and supervision.
- They can travel to India periodically so that the routers may meet their face-to-face requirements for analysis and supervision. These are outlined in the Router handbook. The requirement includes 100 face to face hours for analysis out of a minimum of 240 hours over at least 3 years.
- The routers must have 100 hours of supervision with 50 hours of individual supervision.
- While the face-to-face requirements are suspended during the pandemic, these will be restored post pandemic.
- This means that one of the faculty selection criteria I have chosen is that the analyst is able to travel to India periodically.
- Since India is a distant location from the US, I have screened analysts who are able to make the journey periodically, often partially at their own expense. So, this means that analysts in UK, Europe and Australia being closer to India are preferred. I have traveled to India annually for

over 25 years mostly at my own expense, however, I cannot expect other analysts to do the same.

- The IAAP budget may be limited, so this is another constraint. Moreover, when visiting India, it is my expectation as a liaison person that they offer intensive programs for about a week including group supervision and face to face analysis and supervision to the routers. This optimizes the use of their time and expense during India visit.

My guesstimate is that very few routers in India have personal resources to travel abroad to meet their analysts for the face-to-face requirements. For those Routers who may have such resources, it would be cost effective to travel to location closer to India.

This also means that the pool of analysts must be small that meets most of these criteria. I have consulted my peers at the Chicago Institute including Dr. Murray Stein who has been extremely helpful in the process. You have also added some recommendations. Here is the list of analysts in our pool so far

1. Dr. Boris Matthews - Chicago
2. Dariann Pictet - UK
3. Leslie Stein - Australia
4. Myers Zaho Lisbet - Europe (Denmark) - also the liaison person at the Bangalore center
5. Jill Fischer- USA
6. Mary Dougherty – Chicago, USA

I have reached out to few others recommended by yourself and others who have declined presently. I will continue to update this list.

Group Supervision

This year, I started to offer group supervision to the Routers and the members of the AJC. The trainees send me their case write up in advance. I make several recommendations to enhance their write up and then we discuss it as a group. Routers are expected to attend. Following the case presentation, both the presenter and I as a supervising analyst compose our report which is shared with the presenter and the Co-Directors of the AJC. I presume that Dr. Minakshi Parikh will share these with you. Alternatively, I would be glad to send the reports to you if you wish. We had five 2-hour sessions so far this year. I am offering these to introduce the process to the Routers. Starting in 2021, I anticipate that other IAAP analysts affiliated with the AJC will offer Individual and group supervision. All meetings this year were offered virtually.

Reading Group

Dr. Robert BJ Jakala from Los Angeles – a Jungian therapist and a Pacifica Graduate Institute has kindly volunteered to coordinate the reading group for the Routers and members of the AJC. These meetings are virtual. He will follow the syllabus guidelines and recommendations of the IAAP Education committee. I am anticipating negotiations with the Analysts Training Program at the Chicago Jung

Institute to explore the feasibility of participating virtually in their Reading Groups in the future in the time zones could be worked out.

Participation in the Program offerings of the Chicago Jung Institute

www.jungchicago.org

I am facilitating the AJC members and Routers participation in the virtual program offerings at the Chicago Jung Institute at a greatly reduced fee consistent with the Indian fee structure. I am grateful to Stephanie Buck, President of the Institute to help me negotiate a reduced fees for the following program from US \$ 950.00 to \$ 125.00 for the AJC members. Six members of the AJC are planning to participate.

Six-Month Online Program

Memories, Dreams, Reflections: Exploring the Depths

Adina Davidson, PhD, Jungian Analyst

Andrea Gaspar Gonzalez, PsyD

Daniel Ross, RN, PMHNP, Jungian Analyst

Monthly Weekends, January - June 2021

I will continue this effort for an alliance between the two centers.

The June Singer Jung Library at the AJC

The June Singer Jung Library was established in 2003 at the inception of the center. Dr. June Singer donated her personal library to me to use at the India Centers. I established 3 Jung libraries at Ahmedabad, Bangalore, and Mumbai. All centers have Jung's Collected Works and other core Jungian books. These three collections were supplemented by donations by my Jungian colleagues at the Chicago Society of Jungian analysts and the USA India Jung Foundation. In 2020, the June Singer Library got a generous infusion of Jungian books donated by Chiron publications. My gratitude to the publisher Steve Buser for his generosity. We received 40 books, 2 copies each. All the books are catalogued and are available to the members and the routers at the AJC.

Structure of the Ahmedabad Jung Center

Dr. Minakshi Parikh and Dr. Nimesh Parikh are the Co-Directors of the Ahmedabad Jung Center. They were elected unanimously by the members of the Ahmedabad Jung Center at their meeting in February 2020 during my visit. Dr. Minakshi Parikh will be sending you the list of the rest of the executive committee. All the work in Ahmedabad center would not be possible without the tireless Service of the Co-Directors and I am grateful to them for their devotion to making Analytical Depth Psychology available to the mental health professionals in India. Dr. Minakshi Parikh, Dr. Nimesh Parikh and I maintain close contact to coordinate the activities of the Ahmedabad Jung Center. I am fortunate at my end to have my wife Usha as the primary coordinator of the activities. She has been a partner in all my efforts in India since we started the India programs in 2002 onwards including the Bangalore and Mumbai centers.

USA India Jung Foundation (UIJF)

www.ujf.org

This is a Not-for-Profit Charitable Foundation established by my family to support our outreach in India and USA for cross cultural analytical exchange. All the Board members have supported our activities in India and USA since its inception in 2007 with fund raising, event planning and programmatic support. Our board members presently include me, Usha Bedi, Siddhartha Bedi, Dr. Robert BJ Jakala, Mary Dougherty, Dr. Dinshah Gagrath and Dr. Shobha Gagrath. The UIJF has funded the honorarium for the Zoom speakers, the scholarship reviewers, and the scholarship prizes among other activities per the mission of the UIJF which includes some support for the Ahmedabad Jung Center among its other objectives.

This is an overview of our activities at the Ahmedabad Jung Center. While I travel to India every winter with my wife Usha, it seems unlikely that it would be safe to travel there in winter of 2021. In consultation with Dr. Minakshi Parikh, Dr. Nimesh Parikh and Usha Bedi, we have agreed to conduct the Winter 2021 Annual conference as a virtual event on February 25-28th, 2021. We are in process of planning this conference.

I appreciate the guidance of Misser Berg, Toshio Kawai and yourself at all phases of the program. Also, my gratitude to my peers at the Chicago Jung Institute, the fellow Board members of the USA India Jung Foundation, and all the IAAP analysts who have agreed to participate in the Ahmedabad programs. My deep gratitude to my wife Usha, my son Siddhartha, and my daughter Ami, who have been hands on since 2002 in planning and implementation of the India programs at Bangalore, Ahmedabad, and Mumbai. I am optimistic that the programs at the Ahmedabad Jung Center will continue to blossom.

I welcome any constructive input by yourself, Misser Berg and Toshio Kawai in helping me, Dr. Minakshi Parikh and Dr. Nimesh Parikh in making Ahmedabad Jung Center more relevant and attuned to the needs of the trainees and our community.

Best regards

Ashok Bedi, MD

Member, Chicago Society of Jungian analysts

Liaison person – Ahmedabad Jung Center, India

